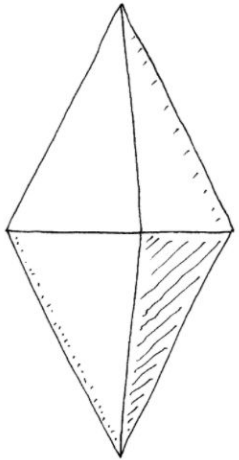
Can We Find More Durable Sources of Motivation?

What We Value: Humane Leadership

As a starting place, we will share the values we've arrived after years of exploration and experimentation.

You are welcome to try these out to see if they work as sources of motivation and choice for you and your team.



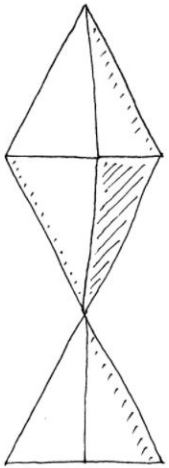
Fair strength

Combining strength, clarity and beauty



Generative care

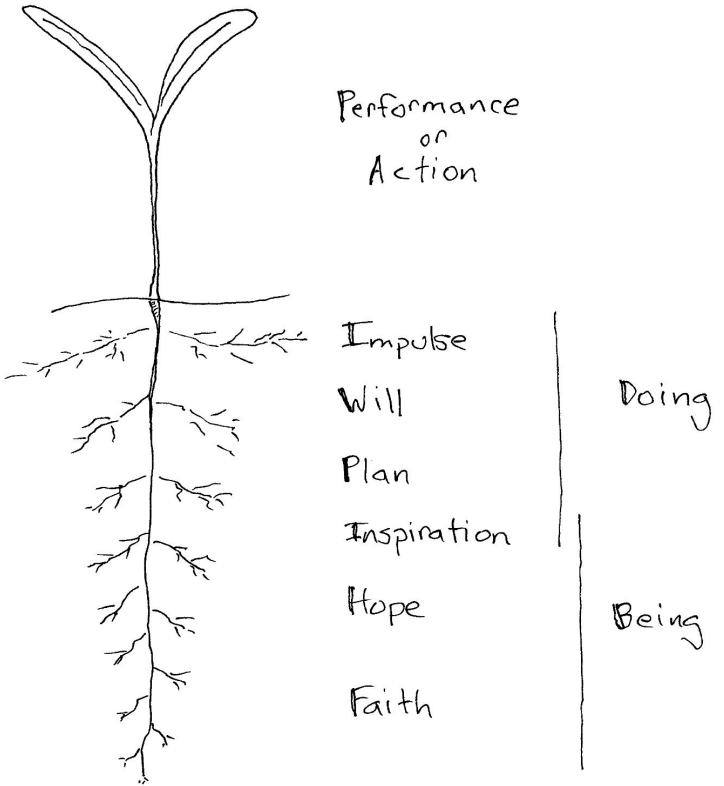
Offering nurturance to each person and moment



Wise balance

Balancing strength and care

Doing & Being as Sources of Motivation



Exercise: Discover and Explore Your Own Values

How can you discover your own values?

We find that anger and frustration are actually pointers that lead us back into our core values that have been violated.

- How often do you find yourself angry about situations that might seem
  - Unfair, unkind, illogical, or selfish?

We use the Values Wisdom Jig to explore the values under those feelings.

Exercise: Discover and Explore Your Own Values

We can work out of ontological, or “Who and how am I?” questions every day. Am I:

- Effective or inert?
- A giver or a taker?
- Hopeful or cynical?
- Kind or unkind
- Fair or unfair
- Faithful or expedient in the moment?

Today Is Your Chance

"Philosophers have wrestled with ontological questions for thousands of years without finding a solid answer. It's possible that when we realize we have no choice but to live out our values we reach this profound spring of motivation."

— Sloan, Humane Leadership

"Be the change you wish to see in the world."

— Arleen Lorrance

"One of the illusions of life is that the present hour is not the critical, decisive hour."

— Ralph Waldo Emerson

Living Your Values = Virtue

Living your values can be simple.

We are free to do anything, **except violate our own values**.

The Humane Leadership Virtues Tracker Wisdom Jig tracks how well you are doing. To use the wisdom jig:

- Each day, make a black dot for each time you violate a virtue.
- Fewer black marks means you are becoming more virtuous.
- Design experiments for yourself to learn how to become more virtuous.

For the historically curious, here's Ben Franklin's virtue tracker turned into a Wisdom Jig

