

Humane Leadership Values Jig

Think of a situation that you found challenging or inspiring lately.

What were you feeling?

What happened (or didn't)?

What did you do (or not do) in the situation?

How did your (in)actions align with your values?

	My actions (Status Quo)	How I aspire to be (SQ Post)
1. Fair strength		
2. Generative care		
3. Wise balance		
4.		
5.		

Choose one thing at right to experiment with moving closer to your aspirations.

Design an experiment using the Humane Leadership Lab Notebook Wisdom Jig.

Add a follow up appointment with yourself one week from now to check progress.

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